



NEW YEAR TIMETABLE

	Mon New Years Day	Tues 2 Jan	Wed 3 Jan	Thurs 4 Jan	Fri 5 Jan	Sat 6 Jan	Sun 7 Jan
Gym	open	hours	5.30am-9pm	5.30am-9pm	5.30am-9pm	7am-2pm	7am-12noon
6.00am	C	C	Rach	Ange	Libby		
8.15am	L	L				Ash	Krissy
8.15am (RPM)	O	O				Mark	
8.45am	S	S					Ange
9.15am	E	E	Dane	Libby	Dane	Libby	Sam
12.15pm	D	D		Hana-Tia	Rose		
5.30pm (RPM)			Ange				
5.30pm			Libby	Rose			

Normal classes resume on Monday 8 January 2018.

PLEASE NOTE: On Tuesday 9 January 2018 BoxFit will be replaced with GRIT Cardio@ 6.00am
and Team Training will be replaced with Body Attack at 9.15am